

# Amnesty International Ireland Mental Health Campaign

## Introduction

Amnesty International Ireland (AI) is starting a 2-year campaign on mental health. The campaign will focus on human rights that relate to mental health, including the right to the highest attainable standard of mental health.

The overall goal of the campaign is that Government implements a non-medically dominated, social approach to mental health focussed on being able to live a full life in the community. The campaign will address issues like the right to be free of discrimination and to have housing and enough income. It will also address protections around involuntary detention and involuntary treatment.

AI is working on the campaign with an advisory group of people who have used mental health services. We would now like to get the views of a wider group of people who have had a mental health need.

If you are a person who has had a mental health need, we would like your views on the proposed campaign objectives.

In the questions that follow, we ask you to consider some two-year objectives. An objective is the outcome or result we hope to achieve. For each objective, you are asked to show whether you would keep or remove the objective or how you would change it. We also ask you to show how important the objective is because we will not be able to do them all. There are a total of 10 objectives for you to look at.

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## Long-Term Goal 1

Mental health services are designed, delivered and evaluated in equal partnership with users of the services and services are adequate, appropriate and directed to personal autonomy.

Objective 1: People using services have more awareness of their human rights, for example the right to be treated in their community, to have the best mental health possible, to have housing and enough income, and not to be discriminated against because of their mental health experience.

Keep

Remove

Change (please specify)

Please show how important Objective No.1 is to you.

	1	2	3	4	5
On a scale of 1 to 5 (5 = most important) how important is this objective?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Objective 2: Government and service providers become aware that offering the medication-only option does not fulfill human rights.

Keep

Remove

Change (please specify)

Please show how important Objective No.2 is to you.

	1	2	3	4	5
On a scale of 1 to 5 (5 = most important) how important is this objective?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Objective 3: Government becomes aware of the duties on pharmaceutical companies under emerging human rights standards.

Keep

Remove

Change (please specify)

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Please show how important Objective No.3 is to you.

	1	2	3	4	5
On a scale of 1 to 5 (5 = most important) how important is this objective to you?	jq	jq	jq	jq	jq

Objective 4: The HSE develops a time-lined plan for rolling out a range of services provided by peers for peers.

Keep

Remove

Change (please specify)

Please show how important Objective No.4 is to you.

	1	2	3	4	5
On a scale of 1 to 5 (5 = most important) how important is this objective?	jq	jq	jq	jq	jq

Objective 5: The HSE develops a time-lined plan for rolling out advocacy services.

Keep

Remove

Change (please specify)

Please show how important Objective No.5 is to you.

	1	2	3	4	5
On a scale of 1 to 5 (5 = most important) how important is this objective?	jq	jq	jq	jq	jq

## Long-Term Goal 2

Mental health legislation does not permit involuntary treatment and underpins the right to choose.

Objective 6: Government reviews the Mental Health Act against human rights standards about involuntary admission and treatment. Also any attempt to introduce involuntary treatment in the community is opposed.

Keep

Remove

Change (please specify)

Please show how important Objective No.6 is to you.

	1	2	3	4	5
On a scale of 1 to 5 (5 is most important) how important is this objective?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Objective 7: Government enacts capacity legislation that fully supports a person's right to make their own decisions.

Keep

Remove

Change (please specify)

Please show how important Objective No.7 is to you.

	1	2	3	4	5
On a scale of 1 to 5 (5 = most important) how important is this objective?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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## Long-Term Goal 3

People who have had mental health needs also have full access to economic, social and cultural rights such as housing and employment without discrimination.

Objective 8: Government publishes an action plan that shows how it will improve education, employment, housing and income for people with experience of emotional distress.

Keep

Remove

Change (please specify)

Please show how important Objective No.8 is to you.

	1	2	3	4	5
On a scale of 1 to 5 (5 = most important) how important is this objective?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Objective 9: Three coalitions are formed to lobby on mental health objectives: one for children, one for people involved in the criminal justice system and one for homeless people.

Keep

Remove

Change (please specify)

Please show how important Objective No.9 is to you.

	Extremely important	Important	Not very important	Not important at all
On a scale of 1 to 5 (5 = most important) how important is this objective?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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## Long-Term Goal 4

Individuals' attitudes and behaviours do not discriminate against people with mental health problems.

Objective 10: An environment is created where 'stigma' against people with experience of emotional distress is recognised as prejudice and discrimination and is challenged as a human rights violation.

€ Keep

€ Remove

Change (please specify)

Please show how important Objective No.10 is to you.

	1	2	3	4	5
On a scale of 1 to 5 (5 = most important) how important is this objective?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

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## Comments

Is there any other objective you want to see Amnesty International Ireland's mental health campaign achieve in the next two years?

Please write any other comments below.

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## Conclusion

Thank you for your input into AI's mental health campaign. If you would like to receive a regular update on the campaign or would like to be involved in the campaign, please contact us at [mentalhealth@amnesty.ie](mailto:mentalhealth@amnesty.ie) or telephone 01 863 8300.

Please note that Amnesty works on national and international campaigns on human rights and is not able to assist individuals with issues or complaints.

If you are completing a hard copy of this survey, you can send it to:

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